



Colyton Primary Academy Newsletter

4th July 2025

Summer Term Week 10

A word from Mrs. Mills



What a HOT, HOT week! Well done to all of us for not melting! The children have coped fantastically with the heat at school and it is great to see so many of them with hats, sun cream and lots of water.

We have had a semi-normal week this week with everyone in most of the time. The year 6 children did have their second canoeing day though and had fantastic time!

Next week we have the year 4 residential and the year 5 camp out so a busy week!

As we near the end of term can I remind you of uniform expectations in September.

Boys: grey trousers or shorts Girls: grey trousers, shorts, skirts or dress.

All: white polo shirt and navy jumper or cardigan (can be with the logo or plain) White or grey socks or tights. Black school shoes, no trainers! Hair longer than shoulder length must be tied back. No jewellery apart from small studs.

PE: sky blue t-shirt and plain black shorts, joggers or leggings, trainers. No logos on any of the PE kit. Year 5 and 6 wear their PE kit on their PE days and they must still wear a school jumper or cardigan with this.

The next few weeks are busy and I know there is a temptation to go away but please can I ask you to refrain from taking any unauthorised absence (or absence at all!) between now and the end of term.

There are some key events too, here are the days and TIMES of these:

Year 6 Play: Tuesday July 15th at ***, Thursday July 17th at ***

Awards Assembly: Tuesday 22nd July At 9am

Year 6 Leavers Assembly: Wednesday July 23rd at 2.00pm

Thank you, Mrs Mills

Celebration Award Winners



Elm Class: George for Commitment & Daisy for Presentation

Oak: Jasper & Cosmo for Commitment

Maple: Aden for Commitment & Eira for Confidence

Ash : Rosa & Lucas for Craftsmanship

Sycamore : Kaydan for Confidence & Johnny for Curiosity and Confidence

Beech : All YEAR 6 Who when Canoeing

Pride of Colyton: Hazel

Top Ten Tips for Parents

Choose health
Know what affects your child.
 What makes them grumpy, happy, disconnected...
 Do they need snacks throughout the day?
 Do they need lots of sleep?
 Do they need to get out and about and do exercise?
 Do they need time alone?
 Trust that you know your child and give them the basics that they need to cope with difficult days.

Work together
Share ideas about how to:
 • create action plans
 • have a problem-solving approach
 • enjoy achievements
 • be forward-looking
 • show them that we can all get things wrong

Move on up
Encourage independence:
 • help them to move positively from child identity towards teen identity
 • increase their responsibilities
 • be positive whenever they act maturely
 Be aware of your child's changing needs. Sometimes it might feel like one step forwards, two steps back.

Be calm
Try to stay calm whilst your child is feeling distressed. Your child may share:
 • highs and lows
 • meltdowns
 • anger
 • blame
 • self-centredness

Communicate
The small things you do make all the difference:
 Keep talking, texting, listening, hearing, hugging, sympathising, smiling, reassuring, checking, sharing, suggesting, encouraging, respecting

Get learning
Be involved, find out more and talk about:
 • social media
 • internet benefits and dangers
 • new music
 • language and slang
 • current affairs
 • what it's like to be young in the current world

Be wise
If they discover new things, try to:
 • be interested
 • be non-judgemental
 • guide
 • give boundaries
 • see it from all sides
 • listen to their point of view
 • choose your words carefully
 • act on warning bells

Be the anchor
In times of change you are:
 • constant
 • family
 • familiar
 • routine
 • in-jokers
 • irritating
 • comforting
 • home

Have fun
Provide lots of light relief:
 • be silly
 • be embarrassing
 • play games
 • laugh together
 • do stuff together
 • make jokes
 • make things
 • be outside

Look after yourself
Support yourself, to best support your child:
 • lean on friends
 • offload on other family
 • find 'me time'
 • see the GP
 • relax, exercise
 • sleep well, eat well
 • remember tomorrow is a new day

YMH Parents Helpline
 0808 802 5544
 youngminds.org.uk
 Mon-Fri 9.30am-4pm

Ten Ways for parents to help children cope with change

ASDA foundation
 The Learning Communities, Learning Zone

Find Your Feet
 youngminds.org.uk
 stepping up, moving up, growing up

Important Dates



Monday 7th July

Class Photos

Monday 7th July

Year 5 & 6 Reading Celebration

Tuesday 8th July

Year 3 & 4 Reading Celebration

Thursday 10th - Friday 11th July

Year 4 Residential to Escot

Friday 11th July

School Disco - please see the parent mail for payment link.

Friday 11th July

Year 5 Camp out

Wednesday 16th July -2pm

Helpers Cream Tea

Friday 18th July

Bake Sale in Aid of Diabetes UK

Tuesday 22nd July

Awards Assembly - 2pm

Tuesday 22nd July

Year 6 Picnic

Wednesday 23rd July

Leavers Assembly - 2pm

Wednesday 23rd July

LAST DAY OF TERM

Thursday 24th July - Wednesday 3rd September

Summer Holiday

Thursday 4th September

FIRST DAY BACK!

Words of the Day & Big Question

This Week's Words

Grasshopper

wiggle
tumble
tear
tangle
stroll

Shinobi

witness
wealthy
tradition
switch
sustain



Big Question:

School Notices



- **ARBOR:**

Please can you ensure you have logged in to the Arbor Parent Portal before the end of term, from September onwards we will no longer be using Parent Mail. If you are having difficulty please contact Mr Foster in the School Office

We will still be using Parent Pay for Lunches and Trips

- **School Dinners:**

These need to be booked by **Sunday** for the following week you can book all they way up to the end of term if you wish too. The cost of these is £2.60 per meal for paying parents. Next Terms Menu is now LIVE on Parent Pay.

From September 2025 The price will be increasing to £2.70 per meal

- **Free School Meals:**

Find out if your child is eligible for Free School Meals! Apply through the [Devon Citizens Portal](#). This is the quickest and easiest way to apply and will result in you getting an instant decision. Alternatively, call the Education Helpline on 0345 155 1019.

- **Attendance:**

If you are unsure if your child should be in school then visit this website [Is my child too ill for school? - NHS \(www.nhs.uk\)](#) or check the school website for information [School Attendance | Colyton Primary Academy](#) This also covers holiday during term time.

Remember, your child must be on time for school - this means arriving **BEFORE** 8.50am not at this time. Lots of children are having late marks. Also, if you take a holiday during term time but tell the school that your child is ill then we can and will still issue a fine.

Children are very honest and they often tell us when you have been away. If we have reason to believe that you are on a holiday then our policy now states that we must follow the protocol for fining.

- **Nut & Sesame Free School:**

A reminder we are a nut free school, this includes Tree Nuts, Peanuts and Sesame.

When bringing a packed lunch or snacks into school please ensure there is no food foods containing nuts or sesame such as Nutella, Pesto, Humus, and Peanut Butter

Thank you for your understanding.

- **Upcoming Trips - We have many trips and events happening over this last term, please log in to parent pay just in case you have missed anything.**

PGL 2025 - Current Year 5's trip to PGL next year is live on Parent Pay.

Year 4 & 6 Swimming Lessons

ESCOT Year 4 Residential 10th & 11th July - Live on Parent Pay now.

Reception and Year 1 PIRATE DAY







Year 6 Canoeing part 2





FAFA UPDATE

[School Disco Tickets](#) Please use this link to buy Tickets

School Disco

Reception and
Friday 11th of July KS1 5pm till 5:45pm
KS2 6pm till 6:45pm

Pre bought from Louise or via sum up link.
£3 to include drink and snack.
Year 5 free, no ticket needed as its their sleepover.

Charity No: 1022325

Upcoming Events and Information

18th of July 3.20pm

BAKE SALE

All proceeds go to Diabetes UK



I'm taking on

**ONE MILLION
STEP CHALLENGE**

to raise vital funds
for Diabetes UK

DIABETES UK
KNOW DIABETES. FIGHT DIABETES.

Charity donations to Axminster & Lyme
Cancer Support

Whitford
& District
Village Produce
Association

Classic
Cars

Entry £3
**Kids
FREE**

Summer Show

Side Shows
& Stalls
Bouncy
Castle

**Brass
Band**

**SATURDAY 2nd
AUGUST 2025**

2pm

Food &
Refreshments

**BBQ
& Bar**

at the
**Whitford
Sports Field
EX13 7PJ**

**LARGE SELECTION OF VEGETABLES,
FLOWERS, COOKERY & HANDICRAFTS**

Musbury Summer Fete

12th July 2025 1-5pm

Merrimans Mead opposite The Hind

FOOD
AND
REFRESHMENTS

LOCAL
TRADERS
STALLS



FUN

GAMES

ENTERTAINMENT

FOOD

FRIENDS

£2 ENTRY
(U16's free)

ACTIVITIES

Fees may apply



Fun Dog Show
Bring your dog - enter on the day
Fees apply

If you would like a stall at the Fete, please contact:
MusburyEventsGroup@hotmail.com / Jo Scott / Emma Shrubbs



Axe Vale Netball
Community

Contact
love2playnetball@gmail.com

AVNC Netball Camp

FRIDAY 25TH JULY
2025

ENJOY
PLAYING
NETBALL!

£15 FOR THE
DAY



11 AM-2 PM
SCHOOL YEARS 2-6
ALL ABILITIES
WELCOME

LEARN NEW SKILLS
MAKE NEW FRIENDS
MATCH PLAY AND
FUN GAMES

Colyton Primary Academy

Story Time

Preschool story time
Tuesdays 2.50– 3.10pm



COOLY TOTS



**A group for tots and
their parents & carers**

**Drop-in Tuesday 9.00-10.15am
for coffee & croissants, chat,
a song and a story**

St Andrew's Church, Colyton

*TERM-TIME ONLY

ALL WELCOME



Get in touch: youth@holyford.org

ALL SAFEGUARDING POLICIES AND PROCEDURES IN PLACE

2025



Sidmouth RFC presents



SIDYFEST

SATURDAY 12TH JULY '25



hodgepodge

THE
REVIVAL.



GUILTY
Pleasure

SWEET BLACK
ANGELS

'PARTY ON THE PITCH'

LIVE MUSIC - FOOD - BAR - CRAFT TENT -
FACE PAINTING - FAMILY FUN

BOOK NOW



BOOK NOW

www.eventbrite.com



Bradford's



PARK GROUP

Redferns
estate and letting agents

SING!

JOIN OUR

JUNIOR CHOIR

Fridays 6.15pm to 7.15pm

St Andrew's Church
Colyton

- No previous experience necessary,
just enthusiasm
- Bursaries for instrumental lessons available
- Paid to attend (rehearsals and Sundays)
- Becoming part of a bigger choir



ALL WELCOME

youth@holyford.org

holyford.org

safeguarding policies and procedures in place



ST ANDREW'S
CHURCH
CHOIR



JOIN ST ANDREWS' JUNIOR CHOIR

What do Ed Sheeran, Chris Martin, Usher, Avril Lavigne, Katy Perry and Diana Ross all have in common? **They all learned to sing in a church choir!** Learning to sing with other people is a great thing to do. You learn so many things, from how to read music to how to breathe well; it enables you to improve your reading and maths and you will even pick up different languages! Being a part of a choir involves working effectively in a team. Music is a subject which holds the key to a world of discovery and enrichment.

Come and be a part of our choir!

Join us on Friday evenings at St Andrew's Church, Colyton. Come after tea at 6.15pm to rehearse together before joining the main choir for the first part of their weekly practice until 7.15pm.

Over time, we will build up our repertoire of music for celebrations and events, as well as working with the main choir on core skills and pieces.

Fantastic opportunities and brilliant skills!

Being a part of our church choir has huge benefits. Choristers in our Church Choir at St Andrew's are eligible for substantial music bursaries for instrumental or vocal lessons or grants to attend music courses. Recent choristers have benefited hugely from this, and have gone on to become members of the national Millennium Youth Choir, to study music at university or specialist music conservatoires. One of our current choristers

has recently been awarded an Associateship of the Royal College of Organists-a very demanding and prestigious music diploma. All choristers have the opportunity to achieve the medals and awards, right from the fundamental skills to a high level of musical achievement.

How much does this cost? **It's free!** Junior choristers who are members of the main church choir also get paid!

This group is aimed at children who are able to read fairly fluently, but more importantly those with a desire to sing and to be part of a group! All are welcome to come and try out our Junior Choir!

Contact us for more information or to discuss what is involved.

Call Fr Steven on 01297 553180 or email Ellen at youth@holyford.org

Volunteers Needed

to help us support our local
community when they need
it the most



We are a local established charity with our main mission to support and enhance the care and welfare of patients, staff, and other users of health and community services in Seaton and the surrounding area.

We rely on the generosity of our community through donations and legacies and volunteering to help us achieve this aim.

We currently have 3 shops in Seaton, Devon. We sell clothes, bric-a-brac, media, and other preloved items.

Our Volunteers are at the heart of our work, and they play a crucial role to help us create an accessible, friendly, and welcoming environment for our donors and customers to help us generate funds to provide services in and around the local community.

We welcome Volunteers from all walks of life. You'll have the opportunity to meet new people, learn new skills and feel a sense of accomplishment and fulfilment.

Whilst our shops are the main focus of our fundraising, we also would welcome enquiries from Volunteers who would like to engage in other areas of our work including gardening, other timely fundraising events and office base environments.



Could you offer a few hours a
week to Volunteer for us?
Would you like to find out more
about what we can offer you?

CONTACT US:

T: 01297 598060

E: jackie@seatonlof.co.uk

Or pop in to see us at:

Seaton Hospital League
of Friends Information Hub,
The Counting House,
The Square, Seaton
EX12 2JZ

Miss Hannah's School of Dance

NOW ENROLLING FOR SEPTEMBER

BALLET • TAP • MODERN JAZZ •
THEATRE CRAFT



Join a fun,
inclusive & friendly
dance family

Contact Miss Hannah

misshannahsschoolofdance@gmail.com

07774863496



COMING SOON

Drop In Youth Session

for young people from age 11 to 17
years old

£1.00 per session

First Session is **FREE**

Thursdays

6:30pm - 8:30pm

Chill out, play games, chat and meet friends and
make new friends

At Reece Strawbridge Youth Centre

Family Friendly Fridays

LIVE MUSIC, BAR, BBQ & BOUNCY CASTLE

Friday nights throughout the summer holidays!

FREE ENTRY

5PM - 9PM

Live Music List

SCOTT PHILLIPS GUILTY PLEASURES GO TELL ALICE

25/07/2025

01/08/2025

08/08/2025

GO TELL ALICE

SAM JONES

SAM JONES

15/08/2025

22/08/25

29/08/25



WELCOME TO RSYC YOUTH SERVICE

STARTING ON 15TH MAY



Facebook Page



Young Person
Registration
Form



Parental Consent
Form

We offer young people lots of FUN activities, a safe inclusive place to be with friends and make new ones. We have a team of qualified Youth Workers to create a positive buzz and provide support

SESSIONS

Thursdays
6:30pm to 8:30pm
£1.00 Entry Fee
for ages 11 to 17

OUR FACILITIES

- Pool
- Tuck shop and Kitchen
- Hall
- Table Tennis
- Support Available



07566279933



youthwork.rsyc@gmail.com



Reece Strawbridge Youth
Centre, Coly road, Colyton

2025

BEER EATS BOUTIQUE

an evening street food market looking out to sea

1st Friday of the month

2 MAY | 6 JUNE | 4 JULY
1 AUGUST | 5 SEPTEMBER





4PM - SUNSET
The Jubilee, SW Coast Path
EX12 3NE
/// relax husband handover

2025

AXMINSTER EATS BOUTIQUE

an evening street food market in the community heart

2nd Friday of the month

9 MAY | 13 JUNE
11 JULY | 8 AUGUST





4PM - SUNSET
Minster Green EX13 5AH
/// circles disco props

INTRODUCING CASHPOT FOR SCHOOLS

You scan we donate CDs



CASHPOT
FOR
SCHOOLS



Parentland



Selected items. Minimum spend £20. Exclusions apply including Asda Express & Asda Go Local. Subject to availability. UK 16+. App & Opt-in required. 0.5% of the value of a customer's eligible spend is donated. Parents/teachers/primary schools, visit register with ParentMailbox by 10/12/2018. Full T&Cs at [asda.com/cashpotforschools](https://www.asda.com/cashpotforschools). Rewards 18/12/18 at [asda.com/rewards/terms](https://www.asda.com/rewards/terms). Ends 30/11/19.